



## What to bring to camp

Arrive at camp between 3:00 pm to 5:00 pm on Monday. Leave Saturday at 1:00 pm.

### Athletes are asked to bring the following:

- Water bottle
- Mountain bike (bring your own if you have one or you can borrow one) and a helmet
- Training shoes
- Running Gear – shorts, t-shirts, socks (lots of them)
- Towel
- Modest bathing suit
- Sweat top & jacket
- Sleeping bag & blanket (nights are cool)
- Bug juice
- Flashlight and batteries

**Please Note:** Camp is your family – for this one week – we do ALL things together. Eat, run, play games, go to bed all at same time... and chapel. We are a Christian camp and though we welcome youth of all faiths or race – we force no one to believe as we do. As a family we expect all campers at every activity including chapel.

### For more information or registration, please contact Pete Wright at the following:

**EMAIL** peterwright5@hotmail.com or

**PHONE** 780-619-9690

**MAIL** 12415 75 Street, Edmonton AB T5B 2C1

**FACEBOOK** GO Athletics

If we can help in any way to prepare you for camp please do not hesitate to contact us. Rides can be arranged to and from camp.



### CAMP SPEAKER:

Sam Perez was born in NYC and raised in a Christian home.

He was called to full-time ministry after working as a history teacher in NYC.

He has served as the pastor of Grace Reformed Church of Jersey City since 2013.

Sam is married to Emily and they are the parents of a brood of children. They love the NY Yankees.



To watch a video of camp go to YouTube and search: **GO Athletics Camp Promo Video**



GO ATHLETICS



# 26<sup>TH</sup> ANNUAL X-COUNTRY CONDITIONING

# AND SPORTS CAMP

Great running work • basketball • soccer • volleyball • boffers (wait, what??) competitive challenges • swimming • canoeing • fire hang outs • great food • chapel more running • biking • games • even more running • lots and lots and lots of fun

**AUGUST  
19-24  
2024**

ESTABLISHED IN 1999

## Parent Authorization

I hereby authorize the directors of the GO Athletics X-Country/Conditioning Camp to act for me according to their best judgement in any emergency requiring medical attention. I know of no mental or physical problems which might affect my child's ability to safely participate in the camp. I will be responsible for any medical or other changes in connection with his or her attendance of camp. I have read and understood the conditions of this registration including the cancellation policy.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Witness: \_\_\_\_\_

Date: \_\_\_\_\_

### MAIL TO:

GO Athletics c/o Pete Wright  
12415 -75 street, Edmonton, AB T5B 2C1

**EMAIL** peterwright5@hotmail.com

**PHONE** 780-619-9690

# FINISH SUMMER WITH A 'BANG!'

## AND GET A JUMP ON YOUR FALL X-COUNTRY SEASON (OR ANY OTHER SPORT) BY ATTENDING GO ATHLETICS X-COUNTRY CAMP!

Our theme this year is carried over from our track season: **EVERY STRIDE MATTERS!**

Join us for our 26<sup>th</sup> year of camp, yep, that's right, we started in the 20<sup>th</sup> century, 1999.

Camp is tough work and at the same time it's also VERY much fun. Of course you'll run, but you'll also play **basketball, volleyball, soccer, boffers** (come and find out 😊), participate in daily **competitive challenges, swim, canoe, hang out** with other wonderful athletes, eat lots of **great food** and join in informative **Bible chapel** times plus a lot more . . . we might even find time to sleep.

One of the things that has made camp a great experience for over 600 campers is the unity. We do everything together, and the expectation is that each camper will join in every camp activity or gathering, including meals and chapels.

Every member of our staff is well known to us and most have multiple years of service with *GO Athletics* and this camp in particular.

### SEE YOU AT CAMP!

#### GOT QUESTIONS? ASK THEM!

Peterwright5@hotmail.com or 780-619-9690

**CAMP DIRECTORS:** Pete & Darlene Wright

#### REGULAR STAFF:

Coaches – Lois Greidanus, Pete Wright, Sam Faszer  
Program Directors – Beka Rekken & Pete Wright  
Sports Director – Sam Faszer

## Registration Information

### \$350

PER ATHLETE

### \$575

TWO FROM THE SAME FAMILY

### \$725

MAXIMUM PER FAMILY

*Please note:* By God's marvelous supplying grace and gifts from His people we have NEVER had to turn anyone away from camp. If you cannot pay the full cost please pay whatever you can, and come!

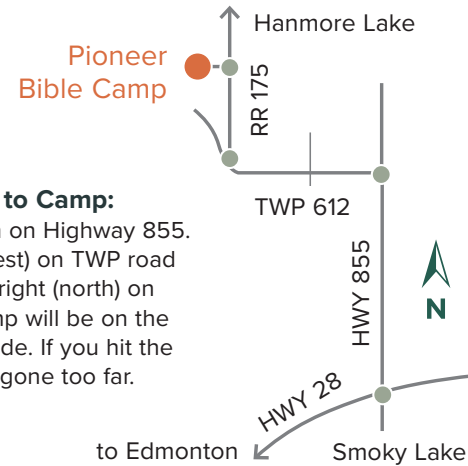
Once payment is received you will receive confirmation and a receipt.

Make cheques payable to: *GO Athletics*

**CAMP FEE** Includes all meals / snacks and accommodations.

**AGE** Campers should be entering grade 8 in the fall of 2024 or in High School or College. (Some exceptions may be granted please contact Camp Director, Pete Wright.)

**CANCELLATION POLICY** if you choose to cancel for any reason before July 15 a full refund will be issued. Any cancellation after July 15 will be considered a \$75 non refundable deposit.



## Athlete Information

PLEASE PRINT

NAME

ADDRESS

POSTAL CODE

BIRTH DATE month/day/year

GENDER

PHONE

E-MAIL

HEALTH CARE #

### EMERGENCY CONTACT

Primary Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Secondary Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

*If there are medical concerns please include a separate sheet – information will be kept confidential.*

Make cheques payable to:  
**GO ATHLETICS CROSS COUNTRY CAMP**  
or transfer to **peacehills.xcountry@gmail.com**

### SELECT YOUR T-SHIRT SIZE

XS  S  M  L  XL

Men's sizing only

Don't forget the other side of this form!